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Question: 1

Which educational concept refers to an individual's willingness and ability to engage in learning?

- A. Readiness to learn
- B. Motivation
- C. Group dynamics
- D. Learning styles

Answer: A

Explanation: Readiness to learn refers to an individual's willingness and ability to engage in learning. It takes into account their level of motivation, cognitive abilities, and other factors that may affect their ability to learn effectively.

Question: 2

Which coping mechanism involves refusing to acknowledge or accept a painful or anxiety-provoking reality?

- A. Rationalization
- B. Denial
- C. Projection
- D. Displacement

Answer: B

Explanation: Denial is a coping mechanism where an individual refuses to acknowledge or accept a painful or anxiety-provoking reality. It is a defense mechanism that can temporarily protect a person from the overwhelming

emotions associated with certain situations.

Question: 3

Which of the following theories focuses on the psychosocial development of individuals and includes stages such as trust versus mistrust and identity versus role confusion?

- A. Piaget's theory
- B. Freud's theory
- C. Erikson's theory
- D. Skinner's theory

Answer: C

Explanation: Erikson's theory of psychosocial development proposes that individuals go through various stages throughout their lives, each characterized by a conflict or challenge to be resolved. Trust versus mistrust and identity versus role confusion are examples of stages within this theory.

Question: 4

Which aspect of cultural competence involves considering an individual's religious beliefs, gender identity, and socioeconomic status in their care?

- A. Ethnicity-centered care
- B. Religious sensitivity
- C. Socioeconomic awareness
- D. Gender-sensitive care

Answer: D

Explanation: Gender-sensitive care is an aspect of cultural competence that involves considering an individual's gender identity and related needs in their care. It recognizes the influence of gender on health and healthcare experiences.

Question: 5

Which approach to care focuses on the client's strengths, goals, and support network?

- A. Team-based care
- B. Evidence-based care
- C. Holistic care
- D. Client-centered care

Answer: D

Explanation: Client-centered care is an approach that prioritizes the client's strengths, goals, and support network. It involves actively involving the client in their own care and considering their individual needs and preferences.

Question: 6

Which communication barrier may arise when a patient has difficulty understanding written materials or instructions due to low literacy skills?

- A. Cognition
- B. Vision
- C. Language
- D. Literacy

Answer: D

Explanation: The communication barrier in this scenario is low literacy skills,

which can make it challenging for a patient to understand written materials or instructions. It is important for healthcare providers to use alternative communication methods to ensure effective communication with such patients.

Question: 7

Which of the following psychiatric disorders is characterized by persistent feelings of sadness, hopelessness, and a loss of interest or pleasure in activities?

- A. Schizophrenia
- B. Bipolar disorder
- C. Major depressive disorder
- D. Generalized anxiety disorder

Answer: C

Explanation: Major depressive disorder is a psychiatric disorder characterized by persistent feelings of sadness, hopelessness, and a loss of interest or pleasure in activities. It is important to differentiate between different psychiatric disorders based on their specific symptoms and diagnostic criteria.

Question: 8

Which assessment tool is commonly used to evaluate a client's mental health status, including their appearance, behavior, cognition, and mood?

- A. Safety risk assessment
- B. Mental status exam
- C. Trauma history assessment
- D. Diagnostic studies

Answer: B

Explanation: The mental status exam is a commonly used assessment tool in psychiatric nursing. It evaluates various aspects of a client's mental health, such as their appearance, behavior, cognition, and mood. It helps in identifying any abnormal or concerning findings.

Question: 9

A patient with symptoms of psychosis, including hallucinations and delusions, is found to have a urinary tract infection. This is an example of:

- A. a psychological cause of psychiatric symptoms
- B. a neurological cause of psychiatric symptoms
- C. a physiological cause of psychiatric symptoms
- D. a social cause of psychiatric symptoms

Answer: C

Explanation: In this case, the patient's urinary tract infection is causing psychiatric symptoms. It is important to consider physiological causes, such as infections or hormonal imbalances, when assessing psychiatric symptoms.

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