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Question: 1

Which of the following conditions can affect male reproductive health and may cause infertility?

- A. Testicular torsion
- B. Endometriosis
- C. Pelvic inflammatory disease (PID)
- D. Varicocele

Answer: D

Explanation: Varicocele is a condition characterized by enlarged veins within the scrotum, which can impact sperm production and fertility.

Question: 2

Which postpartum condition is characterized by persistent sadness, difficulty bonding with the baby, and loss of interest or pleasure in previously enjoyed activities?

- A. postpartum hemorrhage
- B. postpartum psychosis
- C. postpartum anxiety
- D. postpartum depression

Answer: D

Explanation: Postpartum depression is a mood disorder that can occur after childbirth, causing persistent sadness and other symptoms.

Question: 3

Which medical and obstetrical complication of pregnancy is characterized by high blood pressure and organ damage?

- A. preeclampsia
- B. gestational diabetes
- C. placenta previa
- D. intrauterine growth restriction (IUGR)

Answer: A

Explanation: Preeclampsia is a condition characterized by high blood pressure and damage to organs, typically occurring after 20 weeks of pregnancy.

Question: 4

Which of the following methods of contraception works by inhibiting ovulation?

- A. intrauterine devices (IUDs)
- B. barrier methods
- C. hormonal contraceptives
- D. fertility awareness-based methods

Answer: C

Explanation: Hormonal contraceptives, such as birth control pills, patches, or injections, work by suppressing ovulation.

Question: 5

Which postpartum care practice involves a healthcare provider assessing the mother's physical recovery, emotional well-being, and newborn care support?

- A. Lactation consultation
- B. Neonatal intensive care unit (NICU) visitation
- C. Newborn screening

D. Postpartum check-up

Answer: D

Explanation: A postpartum check-up is a healthcare visit that focuses on assessing the mother's physical recovery, emotional well-being, and providing support for newborn care.

Question: 6

Which prenatal care assessment tool involves measuring the size of the uterus to estimate the gestational age of the fetus?

- A. Non-stress test (NST)
- B. Fundal height measurement
- C. Biophysical profile (BPP)
- D. Amniocentesis

Answer: B

Explanation: Fundal height measurement involves measuring the distance from the pubic bone to the top of the uterus to estimate the gestational age and assess fetal growth.

Question: 7

Which of the following is a medical and obstetrical complication of pregnancy that involves high blood pressure and organ damage?

- A. Gestational diabetes
- B. Placenta previa
- C. Intrauterine growth restriction (IUGR)
- D. Preeclampsia

Answer: D

Explanation: Preeclampsia is a condition characterized by high blood pressure and organ damage, typically occurring after 20 weeks of pregnancy.

Question: 8

Which diagnostic procedure is used to assess fetal well-being by monitoring the baby's heart rate, movements, and contractions of the uterus?

- A. biophysical profile (BPP)
- B. amniocentesis
- C. electronic fetal monitoring (EFM)
- D. non-stress test (NST)

Answer: C

Explanation: Electronic fetal monitoring (EFM) involves the continuous monitoring of the baby's heart rate, uterine contractions, and fetal movements to assess fetal well-being during labor and delivery.

Question: 9

Which of the following is an example of a gynecologic disorder?

- A. Polycystic ovary syndrome (PCOS)
- B. Epididymitis
- C. Benign prostatic hyperplasia (BPH)
- D. Erectile dysfunction

Answer: A

Explanation: Polycystic ovary syndrome (PCOS) is a gynecologic disorder

characterized by hormonal imbalances and the presence of cysts on the ovaries.

Question: 10

Which term refers to the process by which a drug is absorbed, distributed, metabolized, and eliminated by the body?

- A. pharmacogenomics
- B. pharmacodynamics
- C. pharmacotherapeutics
- D. pharmacokinetics

Answer: D

Explanation: Pharmacokinetics is the study of how a drug is absorbed, distributed, metabolized, and eliminated by the body.

Question: 11

Which term refers to the study of how drugs are absorbed, distributed, metabolized, and eliminated by the body?

- A. Pharmacokinetics
- B. Pharmacodynamics
- C. Pharmacotherapeutics
- D. Pharmacogenomics

Answer: A

Explanation: Pharmacokinetics is the study of how drugs are absorbed, distributed, metabolized, and eliminated by the body.

Question: 12

The use of medications in the attempt to stop labor is known by which of the

following terms?

- A. medical catheterization
- B. mediation
- C. tocolysis
- D. tolerable medication

Answer: C

Explanation: Tocolysis refers to the administration of medications to suppress or stop premature labor contractions.

Question: 13

Which of the following gynecologic disorders is characterized by the presence of endometrial tissue outside of the uterus?

- A. ovarian cysts
- B. fibroids
- C. endometriosis
- D. pelvic inflammatory disease

Answer: C

Explanation: Endometriosis is a condition where endometrial tissue grows outside the uterus, leading to pain and other symptoms.

Question: 14

Which contraceptive method works by preventing the release of an egg from the ovary?

- A. Barrier methods

- B. Hormonal contraceptives
- C. Intrauterine devices (IUDs)
- D. Fertility awareness-based methods

Answer: B

Explanation: Hormonal contraceptives, such as birth control pills or patches, work by preventing ovulation, thereby inhibiting the release of an egg from the ovary.

Question: 15

Which prenatal screening test assesses the risk of chromosomal abnormalities in the fetus?

- A. amniocentesis
- B. chorionic villus sampling (CVS)
- C. alpha-fetoprotein (AFP) screening
- D. noninvasive prenatal testing (NIPT)

Answer: D

Explanation: Noninvasive prenatal testing (NIPT) is a screening test that analyzes fetal DNA in the mother's blood to assess the risk of chromosomal abnormalities.

Question: 16

Which hormone plays a crucial role in maintaining pregnancy and preventing uterine contractions?

- A. Estrogen
- B. Luteinizing hormone (LH)
- C. Follicle-stimulating hormone (FSH)

D. Progesterone

Answer: D

Explanation: Progesterone plays a vital role in maintaining pregnancy by supporting the development of the uterine lining and inhibiting uterine contractions.

Question: 17

Which of the following is responsible for the production of progesterone during pregnancy?

- A. corpus luteum
- B. placenta
- C. fallopian tubes
- D. ovaries

Answer: B

Explanation: During pregnancy, the placenta takes over the production of progesterone, which is essential for maintaining pregnancy.

Question: 18

Which male sexual and reproductive health condition is characterized by the inability to achieve or maintain an erection sufficient for sexual intercourse?

- A. priapism
- B. erectile dysfunction
- C. testicular torsion
- D. Peyronie's disease

Answer: B

Explanation: Erectile dysfunction refers to the inability to achieve or maintain an erection necessary for sexual activity.



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