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**Nursing** 

# **CHPLN**

HPCC Certified Hospice and Palliative Licensed Nurse











#### **Question: 1**

Which renal condition is characterized by the gradual loss of kidney function, resulting in the buildup of waste products and fluid imbalances in the body?

- A. Glomerulonephritis
- B. Renal failure
- C. Kidney stones
- D. Urinary tract infection (UTI)

Answer: B

Explanation: Renal failure, also known as kidney failure, is a renal condition in which the kidneys gradually lose their ability to filter waste products from the blood and maintain fluid balance. It can be caused by various factors, including chronic diseases and certain medications.

#### **Question: 2**

Which pulmonary condition is characterized by the inflammation and narrowing of the airways, leading to symptoms such as wheezing, coughing, and shortness of breath?

- A. Chronic obstructive pulmonary disease (COPD)
- B. Asthma
- C. Pneumonia
- D. Pulmonary embolism

Answer: B

Explanation: Asthma is a pulmonary condition characterized by the

inflammation and narrowing of the airways, which leads to recurrent episodes of wheezing, coughing, chest tightness, and shortness of breath.

# **Question: 3**

Which neurological condition is characterized by the progressive degeneration of nerve cells in the brain and spinal cord, leading to muscle weakness and eventual paralysis?

- A. Parkinson's disease
- B. Multiple sclerosis
- C. Amyotrophic lateral sclerosis (ALS)
- D. Alzheimer's disease



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Answer: C

Explanation: Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease, is a neurological disorder that affects nerve cells responsible for controlling voluntary muscles. It leads to muscle weakness, difficulty speaking, swallowing, and breathing, and eventually paralysis.

# **Question: 4**

Which gastrointestinal condition is characterized by the inflammation and ulceration of the inner lining of the colon and rectum?

- A. Gastritis
- B. Gastroesophageal reflux disease (GERD)
- C. Crohn's disease
- D. Ulcerative colitis

Answer: D

Explanation: Ulcerative colitis is a gastrointestinal condition that causes inflammation and ulcers in the inner lining of the colon and rectum. It is a type of inflammatory bowel disease and can lead to symptoms such as abdominal pain, diarrhea, and rectal bleeding.

#### **Question: 5**

In neoplastic conditions, the term "carcinoma" refers to a malignant tumor originating from which type of tissue?

- A. Muscle tissue
- B. Connective tissue
- C. Epithelial tissue
- D. Nervous tissue



Answer: C

Explanation: Carcinoma is a type of cancer that arises from epithelial tissue, which is the tissue that lines the internal and external surfaces of the body. Examples of carcinomas include breast cancer, lung cancer, and colon cancer.

## **Question: 6**

Which type of dementia is characterized by the formation of abnormal protein deposits called amyloid plaques and neurofibrillary tangles in the brain?

- A. Frontotemporal dementia
- B. Vascular dementia
- C. Lewy body dementia
- D. Alzheimer's disease

Answer: D

Explanation: Alzheimer's disease is a type of dementia characterized by the accumulation of abnormal protein deposits, specifically amyloid plaques and neurofibrillary tangles, in the brain. It leads to progressive cognitive decline, memory loss, and changes in behavior and personality.

## **Question: 7**

Debility/decline in health status can be associated with which of the following conditions?

- A. All of the above
- B. Malnutrition
- C. Cachexia
- D. Frailty

Answer: A

Explanation: Debility or decline in health status can be associated with various conditions, including frailty, malnutrition, and cachexia. Frailty refers to a state of increased vulnerability and decreased physiological reserve, while malnutrition and cachexia are conditions characterized by weight loss, muscle wasting, and weakness.

# **Question: 8**

Which hepatic condition is characterized by the inflammation and scarring of the liver, often caused by chronic alcohol abuse or viral infections?

- A. Hepatitis A
- B. Hepatitis B
- C. Liver cancer

#### D. Cirrhosis

Answer: D

Explanation: Cirrhosis is a hepatic condition characterized by the inflammation and scarring of the liver tissue. It is commonly caused by chronic alcohol abuse or viral infections like hepatitis B or C Cirrhosis can lead to liver dysfunction and various complications.

#### **Question: 9**

Which cardiac condition is characterized by the inability of the heart to pump enough blood to meet the body's needs?

- A. Myocardial infarction
- B. Atrial fibrillation
- C. Congestive heart failure
- D. Angina pectoris

Answer: C

Explanation: Congestive heart failure is a cardiac condition in which the heart is unable to pump enough blood to meet the body's demands. It results in symptoms such as fatigue, shortness of breath, and fluid retention.

# **SAMPLE QUESTIONS**



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